

QCW Events

Since its inception, QCW has sponsored many quality events that have withstood the test of time.

For over 35 years, you have been able to ride the “Race of Truth” at the **Cleves Tuesday Night Time Trial Series**. There has been “Racing in the Park” with the **Ault Park Series** since 1985.

More recently, QCW has offered entry level racing opportunities with the **PUR Tour**, a little dirt and sand with the **Lionhearts Cyclocross**, some team bonding at the **Time Trial Team Challenge**, championship preparation with the **40k Time Trial Series** and now a time trial series for **Cyclocross!**

Many riders join QCW to participate in our club “training events” and work as event volunteers or coaches.

Member Benefits

Queen City Wheels works continuously to offer value to it’s members. As a member of the club, you are able to participate in any of the club’s “**training events**” including the Cleves Tuesday Night Time Trials.

You will also be offered discounted opportunities to take **racing clinics** from certified USA Cycling Coaches who are also accomplished racers in their own specialties.

Many of our sponsors agree to give **discounts** to club members.



The Center For Human Performance
Whitehall Financial Services
Cinci Cycling Coach
Bike World News

“Come Ride With Us!”

www.QCW.org

Queen • CITY WHEELS



Cincinnati's Premier Racing Club



Cincinnati's bicycle racing leader since 1972, QCW is the area's largest racing club.

We are affiliated with **USA Cycling**, the governing body for amateur, professional and Olympic cycling in the United States.

We hope to help all our members reach their competitive cycling goals.

Our **youth programs** help teenagers and children find the joy in racing a bicycle, while our two **racing teams** help support the developing rider and seasoned veteran alike. We sponsor numerous **events** year 'round for the competitive cyclist.

Team QCW

Our original racing team, **Team QCW** has the largest number of local USA Cycling licensed riders in Cincinnati.

This team is made up of the newest riders as well as veterans with as many as 35 years of racing experience. The team boasts numerous current and former State champions.

Though the club is open to anyone, there are a few **exclusive benefits** to racing in the Queen City Wheels colors.

A primary advantage is that while wearing the current QCW kit, you can race in any QCW event for FREE.

Team members are also eligible to receive up to \$200 in entry fee reimbursement for other USA Cycling sanctioned events, including the National Championships.

www.QCW.org

Lionhearts Team

The **Lionhearts Team** was born in 2005 to help a handful of dedicated **Juniors** participate in the burgeoning discipline of cyclocross. As 'cross has grown and created great racing opportunities for all ages, the Lionhearts program has grown to provide top notch coaching and support to racers age 9 and up.

We have dedicated boys and girls **team coaches** who strive to teach the skills and virtues of a racing cyclist. The team provides race clothing, entry fees, training programs, camps, and race day support. Team members also participate in fundraising activities.

For those under age 9, or who want to try out the sport, Lionhearts also offers club level participation. **Lionhearts Club** members must purchase their jersey and may participate in team social functions, select training sessions, and race day team coaching sessions

Kids On Bikes

Kids on Bikes is an off-road club ride for club members. The riding is focused on kids – from those just graduated out of training wheels and up. Parents are invited and encouraged to participate – on or off the bike.

Experienced coaches lead fun and skill building exercises, bike games, and low-key practice competitions.

The Purpose (besides having fun) is to **build bicycle racing skills** and to build confidence on the bike.

Participants will be prepared to race cyclocross and will be encouraged to enter at least one race. Competition is low-key and always ability matched.

Most kids are in the age range of 7 to 14 but any age is OK, as long as they can ride strongly enough to make progress on grass and do not need training wheels. More information is available at www.QCW.org