

The Racer's News

Volume 40, Issue 1

Published by the Queen City Wheels, Inc.

Winter 2011/12

First National Champion!

QCW's first National Champion was crowned in Madison Wisconsin on January 6th when first year rider **Sydney Lach** won the Women 10-12 race at the USAC Cyclocross National Championships. Carrley Smith (Boulder Junior Cycling) took the hole shot with Sydney in hot pursuit. It wasn't long before Sydney powered by Carrley finishing in a time of 28:51, just over three minutes ahead of the second placed finisher.



Sydney Lach on the top podium step at the National Cyclocross Championships in Madison, Wisconsin.

– photo courtesy of: Patrick Lach

The next most notable performance in Madison was that of **Spencer Petrov** who captured his second silver medal in the last three years, competing in the Men 13-14 race.

After two years of rather arduous trips to Bend Oregon for CX Nationals numerous Lionhearts coaches, parents and riders made the somewhat easier trip to Madison. The other Lionheart riders who competed were:

Women 15-16

8th Rachel Dobrozsi
11th Mackenzie Green

Men 17-18

22nd Samuel Dobrozsi

Men 15-16

33rd Robert Prewitt

Men 13-14

9th Zachary Ross
20th Alexander Christian
28th Jacob Weisgerber

Men 10-12

10th Enzo Allwein
12th Dylan Rockwood
17th Joseph Weisgerber



\$8500 in Free Race Entries

Team QCW Rider Benefits

\$8500 is what members of Team QCW received in 2011. Riders received these entries in the form of pre-paid entry fees, free entry to QCW events, and reimbursement of entry fees at the end of the year. The program is being expanded in 2012.

Here is a brief overview of 2012 rider benefits; the website has a [complete explanation](#):

Race all QCW promoted events for free

\$100 in reimbursement for racing 10 CX or mountain bike events

\$100 - \$400 in reimbursement for earning 20 to 50 event points

\$100 - \$200 in pre-paid entry fees depending on your 2011 race schedule

Free jersey and shorts replacements

Discount on bikes and equipment at Montgomery Cyclery

2011 Annual Meeting and Awards Banquet Jan. 29th

The annual meeting and awards banquet will take place Sunday, **January 29th** 2012. The location is the same as last year, Christ the King Church Parish Center in Mt. Lookout. Food and drink (including beer!) will be provided by the club and admission is free to all 2011 or 2012 members. All members should have received an Evite invitation by now, please contact [me](#) if you haven't received an invitation.

Awards for the Cleves Time Trial series and the Kingswood CX Time Trials series will be presented as well as Team QCW awards and Lionhearts team awards and a year-end summary.

New officers will be elected. If you're interested in running for President, Vice President, Secretary and Treasurer please submit your nomination to [Peter Wimberg](#) by January 23rd. 🚲

Spring Series Dominance

Team QCW found their racing legs early in the category 4 races of the Ohio Springs Race Series. We nearly swept the series podium with **Jeremy Burroughs** 1st, **Kyle Stewart** 2nd and **Robin Zuend** 4th. Jeremy had a breakout year and catted up to 3's with two races left in the series.



Jeremy Burroughs and Kyle Stewart hoist their 1st and 2nd place hardware at the conclusion of the 2011 OSRS.

– photo courtesy of: [Jeffrey Jakucyk](#)

In two other categories **Tracy Segar** and first year QCW riders **Grant Gibson** and **Joseph Brokamp** finished 6th, 7th and 10th overall in the 3's and 5's respectively. The team made their presence known throughout the series with someone finishing on the podium each week. It's also worth noting the category 5 fields were impressive with 50 plus riders at each event. Which is good news for the future of racing in the Ohio Valley area.

Here are the top placing for rider's who competed in more than one race in the OSRS:

Patrick Bendel 18th, Vandervorts Corner, Cat 4
Joseph Brokamp 2nd, Lynchburg, Cat 5
Jeremy Burroughs 1st, Schababerle, Cat 4
Grant Gibson 6th, Georgetown, Cat 5
Rick Hoeting 1st, Georgetown, Cat 4
Rick Janke 10th, Lynchburg, Cat 5
Robby Janke 15th, Mitchell Memorial, Cat 3
Chris Kaiser 29th, Germantown, Cat 4
Don McKenzie 9th, Lynchburg, Cat 4
Paul Neff 4th, Spring Valley, Cat 4
Tracy Segar 3rd, Lynchburg, Cat 3
Kyle Stewart 2nd, Lynchburg, Cat 4
Alan Willey 13th, Mitchell Memorial, Cat 4
Robin Zuend 6th, Mitchell Memorial, Cat 4 🚲

Team QCW Medalists

2011 District and Regional Podiums

Patrick Bendel

SILVER - Regional Road, Cat 4 Masters 45-49
BRONZE - Regional Criterium, Cat 4 Masters 45-49

Jeremy Burroughs

SILVER - District TT, Masters 30-34
BRONZE - District Senior Road, Cat 3

Tim Collins

BRONZE - District Road, Cat 1/2/3 Masters 30-34
SILVER - Regional TT, Cat 1/2/3 Masters 30-34
BRONZE - Regional Road, Cat 1/2/3 Masters 30-34
GOLD - Regional CX, Cat 4 Masters 30-34

Rick Hoeting

GOLD - Regional TT, Cat 4 Masters 35-39
GOLD - Regional Criterium, Cat 4 Masters 35-39

Rick Janke

BRONZE - District Road, Cat 4/5 Masters 50-54
BRONZE - Regional TT, Cat 5 Masters 50-54

Don McKenzie

SILVER - Regional TT, Cat 4 Masters 50-54
GOLD - Regional Road, Cat 4 Masters 50-54
SILVER - Regional Criterium, Cat 4 Masters 50-54

Patrick McMullen

BRONZE - Regional TT, Cat 1-5 Masters 60-64

Kathy Neff

GOLD - District Criterium, Women Cat 4

Paul Neff

GOLD - District Road, Cat 4/5 Masters 45-49
BRONZE - Regional TT, Cat 4 Masters 45-49
GOLD - Regional Criterium, Cat 4 Masters 45-49
SILVER - Regional CX, Cat 4 Masters 45-49

John Petrov

BRONZE - Regional CX, Cat 4 Masters 40-44

Marilyn Prout

SILVER - District TT, Women Masters 55-59

Tracy Segar

BRONZE - Regional TT, Cat 1/2/3 Masters 40-44
BRONZE - Regional Road, Cat 1/2/3 Masters 40-44
BRONZE - Regional Criterium, Cat 1/2/3 Masters 40-44

Kyle Stewart

SILVER - District Road, Cat 3

Barbara Walker

SILVER - District TT, Women Masters 45-59

Alan Willey

BRONZE - Regional Road, Cat 4 Masters 45-49

Dell Williamson

GOLD - Regional CX, Cat 3 Masters 55-59

Peter Wimberg

SILVER - District TT, Masters 45-49
SILVER - Regional TT, Cat 1/2/3 Masters 45-49

Kings CX Time Trial Series

Last year Corey Green introduced Cincinnati to the cyclocross time trial with a six week series held at the Kingswood course in Mason. The series proved popular enough to bring back an expanded 10 week version in 2011.

Set-up and teardown of the course is more time consuming than a road TT so other clubs pitched in for two weeks each providing the course set-up and teardown. Thanks to **Biowheels Racing**, **Rouge Racing**, and **7-Hills Racing**, in addition to Lionhearts and QCW.

With all those clubs pitching in the event became even more popular. Over the ten weeks there were nearly 160 different riders who made close to 600 attempts. Interestingly both those numbers are nearly identical for the 2011 Cleves TT Series which ran 22 weeks! Congratulations to all who participated. 🚲

Kings CX TT Category Winners

Advanced Men Nathan Mirus	Advanced Women Malissa Petrov
Intermediate Men Spencer Petrov	Intermediate Women Rachel Dobrozsi
Beginner Men Nick Petrov	Beginner Women Sarah Mossman

Kings Cyclocross Weekend

This event was not promoted by QCW, but was a fundraiser to benefit the Lionhearts team. Corey Green was the event promoter and the hosting clubs were the **Zephyr Wheel Sports Racing Team** and **7 Hills Racing**. A huge "thank you" to everyone involved in one incredible weekend of CX racing and for the generous donation to the Lionhearts team.

The two races served as Junior and Masters Regional Championships and the final OVCX race for 2011. The racing was incredible with Saturday's event being ridden on some of the tackiest mud I've ever seen. Riders who weren't getting their bikes cleaned in the pits each lap were forced to carry an extra 10 pounds of mud on bikes whose wheels or derailleur's sometimes quit functioning.

On Sunday the mud was less clingy. Then it started to rain for the last couple events and it was the riders who were mud covered head to toe. I would also like to offer a big "thank you" to the couple who helped push my van out of the mud at the end of the day. 🚲

Lionhearts Junior Team

By: John Petrov

The Lionhearts membership expanded to **over 50 members** in 2011, ranging in age from 8 to 17. The Lionheart team introduced a new racing kit design this year, which was well received by the members and was highly visible to the crowd (even with mud).

The junior development team for Queen City Wheels had Lionheart members expand their participation into different cycling disciplines, including cyclocross races, criteriums, time trials, mountain bike races, and road races.

With Cyclocross as the primary racing discipline, a Lionheart member raced in every Ohio Valley Cyclocross Series, many Indiana Cyclocross Cup Series, several Cap City Cross Series (Columbus), and a few Chicago Cup Series races. In the OVCX series alone, the final season standings had Lionhearts on the podium in fourteen spots out of the twenty-four available in the different junior race categories.

The team recognition reached new highs in 2011 as Mr. Dave Towle (professional announcer) made many positive comments about the Lionheart program during races throughout the season. At the USAC Cyclocross National Races in Madison, WI, the Lionhearts won the 2nd place Team Award for results on 1/6/12. Despite the many accolades, the most important accomplishments would have to be the increased health benefits with great bike racing and the many friendships that were made along the journey. Thank you Queen City Wheels! 🚲

2011 Lionhearts Team Roster

Enzo Allwein	Jacob Krynock
Gianni Allwein	Sydney Lach
Zane Ash	Dawson McCulley
Maddie Barter	Christopher McKenzie
Aiden Burt	Thomas Morris
Christian Burt	John Morris
Ian Burt	Colin Overton
Noah Brossia's	Nicholas Petrov
Chloe Christian	Spencer Petrov
Alex Christian	Chris Prewitt
Avery Cox	Robert Prewitt
Jack Davidson	Olivia Rademacher
Gabriel Dobrozsi	Andrew Rademacher
Rachel Dobrozsi	Dylan Rockwood
Samuel Dobrozsi	Zachary Ross
Lewis Gatch	Nathan Ross
Meriele Green	Abby Savage
Madeleine Green	Max Savage
Mackenzie Green	Evan Segar
Joseph Grolmes	Mary Frances Sharpshair
Mariadelpilar Grolmes	Lucas Stierwalt
Matthew Grolmes	Ryder Thompson
Michael Gruenwald	Charlie Wallace
Emma Hayes	Jacob Weisgerber
Mitchell Hopson	Joey Weisgerber
Parker Hopson	Eli Woodard
Bartek Kawalkowski	

2011 QCW Membership Roster

Note: Only the primary family member is shown with family memberships.

Abney, Mike	Davis, John	Jaspers, Ted	Morris, Allen	Sexton, Angie
Alden, Glen	Davis, Damon	Javornik, Ami	Mossman, Jerry	Shammo, Brent
Allwein, Andrew	Davis, Craig	Jones, Valerie	Mott, Jason	Sheppard, Joseph
Ambjorn, Christian	Dechering, Monica	Kaiser, Chris	Murdock, John	Sherman, Bo
Andersen, Lars	DeRose, Steve	Karew, Jason	Murrell, Matt	Shires, Jeanette
Anderson, Thomas	Divo, Nathan	Karwisch, Kristofer	Murschel, Scott	Sichak, Shawn
Arling, P.J.	Dobrozsi, Douglas	Kawalkowski, Bartek	Needham, Phil	Siegel, Paul
Ash, Zane	Downing, Sherry	Keiser, Mike	Neff, Paul	Smith, Ronald
Ashby, Todd	Durand, Chris	Kellett, Brian	Nichols, Scott	Smith, Andrew
Ausdenmoore, Bob	Duwell, Ben	Kennedy, Phillip	Nissen, Dave	Snyder, Steven
Ballinger, zach	Dwyer, Chris	Kissel, Jeff	Nodere, Adam	Speicher, Sarah
Barter, Blair	Eads, Dale	Klocke, Dan	Obert, Jim	Spicker, Jonathan
Basher, Cern	Edwards, Linda	Klontz, Samuel	O'Connor, Ryan	Spoerle, Kurt
Baylis, Charles	Ehrenfried, Charlie	Klus, Edward	O'loughlin, James	St.Clair, Cory
Beckmeyer, Lou	Engel, Amy	Knox, Kelly	Ostendorf, Marty	Stevens, Russell
Beebe, Joyce	Farris, Larry	Kohl, Charles	Ott, Daniel	Stewart, Hal
Belcher, Scott	Fasig, Gregory	Kohli, Vikram	Otting, Mike	Stewart, Kyle
Bendel, Patrick	Fay, Mark	Krabbe, Bryan	Overton, Don	Stierwalt, Matt
Benner, David	Fehring, Chris	Kraft, Christopher	Paas, Jeff	Strasser, Ric
Bergman, Barry	Fessel, Darryn	Kreuz, Kevin	Palmisano, Greg	Sumner, Kyle
Beyer, John	Fischer, John	Krumme, Kathleen	Parker, Larry	Swallow, Sarah
Billiter, James	Flaherty, James	Krynock, Jacob	Pater, Michael	Taylor, Beverly
Bishop, Brian	Fleener, Brenna	Kuhn, John	Patton, Jonathan	Theurer, David
Black, David	Forbes, Neal	Lach, Patrick	Payne, Johnny	Thoman, Bruce
Blanton, Greg	Fox, Matt	Lach, Dan	Perrino, Andy	Thompson, Rod
Bole, Matt	Frey, Andrew	LaCombe, Chrissy	Perry, Steve	Thompson, Kevin
Book, John	Frost, Jesse	LaCombe, Andy	Petrov, John	Timmons, Jon
Borneman, Karl	Fuller, Cindy	Lacy- McNutt, Krystal	Peveler, Will	Timpe, Jason
Bossart, Charles	Gagnet, John	LaGrange, Tim	Phillips, Cathie	Tinsler, Nick
Bowman, Zoe	Garlow, David	Lee, Catherine	Pike, Daniel	Tombragel, Greg
Brockhaus, Joern	Garneret, Jason	Lemaster, Matthew	Piposar, Michael	Tomic, Bruno
Brockwell, David	Garrison, Brian	Lenahan, Ginny	Polignano, Douglas	Turner, James
Brokamp, Joseph	Gast, Peter	Lewandowicz, Rafal	Pontius, Jim	Turner, Tj
Brossia, Noah	Gatch, John	Lewis, Zak	Poole, Cameron	Twombly, John
Brown, Lawrence	Gatto, Olivia	Lies, Mike	Poptic, Christopher	Uberti, Chris
Brown, Lance	Gers, Steven	Lindsey, Amanda	Porter, Dean	Uhl, Matthew
Bunch, Mark	Gibson, Grant	Linenkugel, Robert	Powell, Brent	Van Hoose, Derek
Burke, Caitlin	Ginn, Mike	List, Brian	Powell, Terry	Van Winkle, Benjamin
Burlage, Jason	Goertemiller, Scott	Lockard, Chad	Prewitt, Robert	Van Zile, Jonathan
Burnette, Christopher	Golnik, Karl	Lohbeck, Sean	Prout, Marilyn	Vance, John
Burroughs, Jeremy	Gottschlich, Greg	Long, Larry	Provosty, LeDoux	Vaughn, Connie
Burt, Troy	Grafton, Brian	Lyons, Dave	Puckett, Chris	Vaught, Jeff
Busch, Alan	Graham, Derek	Lytle, Jenny	Pustinger, Jim	Vogt, Colin
Busch, Duane	Graham, Mitch	Lytle, Peter	Quinn, Melissa	Waite, Daniel
Callahan, Ronald	Grandi, Giampiero	Maieron, Anthony	Raddin, James	Walker, Edward
Cambron, Pollina	Grant, Thomason	Maloney, Timothy	Rademacher, John	Walker, Barbara
Canestaro, Mike	Gray, Larry	Manis jr, Gary	Ramsdell, Todd	Wallace, Charlie
Carissimi, Chris	Green, Corey	Mathers, Chris	Ramsey, Dan	Wearne, Grant
Cavins, Dan	Gregg, Tim	Maxson, Nate	Ransick, Jereme	Weida, Dustin
Chaney, Robert	Groeber, Peggy Groeber	McBride, Gabrielle	Reinke, Chris	Weisgerber, Michael
Christian, Ted	Grolmes, Joseph	McCann, Jack	Reser, Jason	Wetzel, Erika
Ciapala, Jennifer	Gruenwald, Michael	McCulley, Dawson	Riemenschneider, David	Wickham, Shawn
Clifford, Laura	Habel, Matthew	McDonald, Anne	Rizzo, Shane	Wicks, Harry
Cochran, Carrie	Hagen, Larry	McDonald, Charles	Rockwood, Shawna	Wienholts, Mary
Cochran, Max	Halecky, Bena	McGrory, Sean	Rogiers, Emma	Willey, Alan
Collins, Tim	Harbaugh, Matt	McKenzie, Don	Rokich, Karen	Williams, Eric
Conte, Jon	Hart, David	McKenzie, John	Roof, Rodney	Williams, Todd
Contreras, Sergio	Hauck III, Andrew	McKenzie, Rick	Ross, Benjamin	Williamson, Dell
Cook, Dean	Hayes, Jerry	McLane, Jeff	Rucker, Melissa	Williamson, Jamie
Cooney, Sean	Hester, Angie	McMullen, David	Sams, Steve	Wilson, Gary G
Cooper, Ryan	Hildreth, Laura	McMullen, Patrick	Savage, David	Wimberg, Peter
Cover, Andrew	Hills, Jonathan	McNutt, Abraham	Schaefer, John	Winslow, Steve
Cox, Jason	Hogue, Douglas	Messmer, Robert	Schlaudecker, Jeff	Woodard, Luke
Craig, Billy	Hopson, Melissa	Meyer, Russ	Schmitt, Gary	Woodburn, David
Crawford, David	Horton, Bryan	Millard, Andrew	Schoeny, Jeff	Wu, Jim
Crombie, Jamie	Howes, Greg	Mintz-Cole, Rachael	Schoettinger, Bob	Yung, Joseph
Culbreath, Jahan	Hubbell, Aaron	Mirus, Nathan	Schulze, Mike	Zembrodt, William
Cunningham, Matthew	Hudson, Lauren	Moore, David	Segar, Tracy	Zielke, Christa
Cunningham, Fraser	Hughes, Sean	Moran, Martin	Schumacher, Eric	Zuend, Robin
Cyrus, Jeff	Janke, Robert	Morehead, Timothy	Schuster, Mike	
Dallman, John	Janke, Richard	Morgan, Todd	Schwartz, Marvin	
Davidson, Sean	Janszen, John	Morley, Ruth	Seeley, Jeff	



Sponsors 2010 - 2012

Don't forget to support our sponsors whenever you can. Their generous contributions make most of what we do possible. With their three year commitments we are able to race in the same kits until 2013. 🚲



Two Spring Races Promoted

Team QCW took on the responsibility of promoting two of the Ohio Spring Race Series events this year. Thanks to **Rick Hoeting** for his efforts with Mitchell Memorial, and to **Tracy Segar** who got his promoters baptism by fire with Germantown.

[Mitchell Memorial](#) was held on what was predicted to be a stormy weekend, but as luck would have it catastrophe was averted when the bad stuff stayed down in Kentucky for Saturday. All that was needed were hearty volunteers to shovel the roads clear of the piles of gravel that had washed onto the roads the night before. A less than heartfelt welcome by the Hamilton County Park District workers at Mitchell Memorial Park didn't make the day any easier, but the Hamilton County Sheriff was helpful in defining the difference between public roads and park property.

[Germantown](#) while a bit cool was better attended and mostly drama free, although we did lose a corner Sheriff for awhile when he went to do some law enforcement. The event gave Tracy a chance to introduce the Cincinnati cycling community to his hot dog cart, AKA: Dino's Neighborhood Grill.

Going into 2012 the team is looking to promote at least one of the OSRS races and/or perhaps an industrial park circuit race when the series is over. 🚲

2011 PÜR Tour

by: *Jerry (J-Go!) Hayes*

2011 saw the return of the annual PUR Tour to the closed course at the P&G business center in Mason. Now in its 9th year the PUR Tour race has developed into a favorite of young and seasoned riders around the tri-state area. This year saw 368 riders take the line in 21 events including the popular Kids On Bikes Time Trial races and battle tenacious crosswinds. Proceeds from the event went to support the Lionhearts Juniors Racing program. Join us next year for the 10th year of this exciting race! 🚲

Kids On Bikes

This 14 week series for the novice rider was once again well attended. The group could be found riding at Kingswood on Friday nights where Lionhearts riders and a few adults instructed participants in competition basics. In addition to the Friday night sessions participants were able to compete in short events at the seven cyclocross races held in the Cincinnati area this year. 🚲

40 Years of Cincinnati Bicycle Racing History

2011 marked the 40th year for the club once known as the Queen City Wheelmen. For the nostalgic, or just plain curious, much of that history is now available in the [history](#) and [newsletters](#) sections at qcw.org. Read about upstart QCW junior racers like O'brien Forbes or Eric Knight, or strange facts like Campus Cyclery used to be the Clifton branch of Montgomery Cyclery. 🚲

Back to Their Roots

Welcome home boys!

2011 saw some early '70s riders return to their racing roots. Please welcome back QCW's original Junior stud, **Phil Kennedy**, and the guy who filled Phil's large shoes just a couple years later **Robbie Janke** along with his older brother **Rick Janke**. Good to have you back guys! Hey **OB** and **Eric**, you're welcome to come back home anytime too. 🚲

QCW Lends a Hand

Helping another junior team.

When the elite junior team **Prochain** lost their sponsorship funding mid-season they were left in a serious financial bind. They needed funding in order to compete in the prestigious international junior stage race the Tour de l'Abitibi / Coupe des Nations. QCW was able to front their expenses through a \$7700 loan that was repaid at the end of the season with the liquidation of some of their spare bikes and equipment. 🚲

Ault Park Changes

We heard your pleas and so we'll be adding a combined **Women** and **Juniors** event to the series in 2012. This will consist of a **12 lapper** with sprints at laps 4, 8 and 12. We're still trying to decide if there will be double points for one or two of the sprints. It will be the first event of the night starting at **6:15**. As the Ault Park Race Series staff is entirely volunteer we need to average 15 riders per week to justify the additional work load. Otherwise the event is unlikely to return in 2013.

It also looks like the Plus One Event, the final week when the cat 1's and 2's don't race and the 20k is 5's only and the 40k is 3's and 4's is probably going to be shelved in 2012. The Hyde Park Blast is running one week later which means the big teams will be coming into town the last week of AP. That is always a great night so unless we move the Plus One Event to the first week it probably won't happen in 2012.

The BikeReg registration worked well last year. It allowed riders to fill out an entry form without paying an entry fee and this was quite helpful. This year you will also be able to pre-pay for 1 to 6 weeks without having to commit to specific weeks.

If anyone has thoughts on these changes or anything else concerning Ault Park please feel free to contact [me](#). 🚲

Membership Renewals

The on-line membership system hosted by BikeReg has worked wonderfully. If searching for the membership on BikeReg be sure to look for **Queen City Wheels** and **NOT** QCW Cycling.

Please remember that QCW membership is required for riding any of our time trial events and that memberships are NOT sold at any events. 🚲



2011 Events by the Numbers

QCW promoted 9 events which accounted for 47 days of Cincinnati area competitions. These events had 108 racing categories with 3154 participants. 🚲



Team QCW Cyclocross

Team QCW beefed up their numbers in CX this year with about 20 riders competing in the Ohio Valley CX Series and other CX events. **Paul Neff** stood out in this group for riding two races at almost every event he entered. He finished 3rd overall in the OVCX series category 4 35+. **Tim Collins** also had a strong OVCX series finishing 6th overall in the category 4's. **John Petrov** was also known to ride more than one race at an event and finished 10th overall in the OVCX category 4 35+.

Many riders also medaled in the Regional Masters Championships; their results are listed elsewhere in this newsletter. Here are the best placing for each of our CX riders in non-championship events.

Brian Bishop 14th, Lionhearts CX Warm Up, 35+
Ted Christian 3rd, Java Johnny's, Cat 4 45+
Tim Collins 3rd, Kings CX, Cat 4
Billy Craig 4th, Java Johnny's, Cat 4 35+
Doug Dobrozi 23rd, Lionhearts CX Warm Up, Men B
Grant Gibson 14th, Lionhearts CX Warm Up, Men B
Jerry Hayes 6th, Lionhearts CX Warm Up, 35+
Allen Morris 9th, Lionhearts CX Warm Up, Men B
Kathy Neff 3rd, Storm The Greens, Women Cat 4
Paul Neff 1st, Java Johnny's, Cat 4 45+
Dave Nissen 9th, Harbin Park, Cat 4 45+
Johnny Payne 5th, Lionhearts Warm Up, True Beg.
John Petrov 7th, Java Johnny's, Cat 4 35+
Robert Prewitt 7th, Harbin Park, Cat 4 35+
Jeff Schlaudecker 12th, Java Johnny's, Cat 4 35+
Tracy Segar 12th, Java Johnny's, Cat 3 35+
Rod Thompson 13th, Java Johnny's, Cat 4 45+
Michael Weisgerber 11th, Java Johnny's, Cat 4 35+
Alan Willey 1st, Harbin Park, Cat 4 45+
Dell Williamson 14th, Lionhearts CX Warm Up, 45+



Cleves Time Trial

Competing Against 38 Years Every Week

By: Peter Wimberg

When the Cleves Time Trial Series started in 1974 the DOW was 616, gas was \$.55 per gallon, a new car cost on average \$3750, and Barbra Streisand had the number one song with 'The Way We Were'. While the DOW has gone up along with gas, our bikes can cost more than a car from that era, and Lady GaGa has replaced Barbra on the charts, the Cleves Time Trial is still going on, every Tuesday evening, May through September.

Unlike other cycling events where riders can control the pace and your success can depend on a multitude of factors, some that you control and others that you can't, the individual time trial is all about you and how much power you can sustain. It really is that simple. There is an aerodynamic element but we know that 80% of that is handled with position and that an aero helmet and skinsuit can take you to about 90%. It always comes back to power.

While we can make the argument that the bikes we ride currently are more aero than bikes from 20 years ago we'll also find that some of the fastest times at Cleves were ridden about 20 years ago. You can in fact look through the yearly results along with the all-time list showing every rider and their best time. While the change in the direction of the course in 1985 may make those first 11 years less comparable to today's event we still do have 38 years of riders on the same road and 26 years in the same direction.

You should visit the QCW website to see the massive amounts of data on this event. Want to know how you compare to someone your age? Go to the All Time list. Want to track your training over the course of a year? Look through the weekly results during the season. Trying to move up a few spots on the All-Time list or going for the Best Women's time? Check the website. It's all there, all 38 years. And we all hammered the same road to get on those lists.

So how did 2011 compare to previous years? We had 152 individual riders, with 51 being new to the series, who tallied 582 rides over those 22 weeks for an average of about 26 riders each week. Starting with the men's category for 10-12 years olds we had winners in every bracket through 65+ for the guys. On the women's side we went from 10-12 to 60+ with only the 25-29 bracket going unclaimed.

In addition to the bracket winners we have dozens of riders showing up every week just to challenge themselves. They're not fighting for a medal or even position on the all-time list but simply to see if they can ride faster than the week before. They're watching average speed or looking at their elapsed time as they pass some of the highlights of the course like Lawrenceburg Road, the park entrance, the turn sign

at the halfway point, the power plant, a mailbox along the flat section and finally the change in the pavement going to the final climb. When they know that they have a chance at a new personal record or 'PR', they pull out that last bit of power coming to the line.

2011 Cleves TT Category Winners

Men

Best	21.58	Peter Wimberg
10-12	31.54	Cade Walker
13-14	28.59	Spencer Petrov
15-18	24.00	Luke Woodard
19-24	23.11	Neal Forbes
25-29	24.21	Jeff Kissel
30-34	23.19	Jeremy Burroughs
35-39	22.33	Matt Bole
40-44	22.07	Jeff McLane
50-54	22.29	Karl Golnik
55-59	23.27	Dan Waite
60-64	24.46	Patrick McMullen
65+	25.30	Phil Needham

Women

Best	25.19	Bena Halecky
10-12	49.15	Beth Vaught
13-14	32.37	Rachel Dobrozsi
15-18	32.05	Zoe Bowman
19-24	32.32	Caitlin Burke
30-34	25.29	Krystal McNutt
35-39	25.40	Catherine Lee
40-44	27.30	Jeanette Shirers
45-49	26.25	Mary Wienholts
55-59	27.23	Ginny Lenahan
65+	38.21	Laurie Gregg

Being at the finish each week really lets you see how hard everyone rides, every week, just to hopefully shave a few extra seconds off their PR. The extent of their public recognition would be those handling the timing duties mentioning the riders new PR at the end of the evening. It's a lot of work for what some might say is little reward but I disagree. There is no greater reward than setting a goal that you determined, training for it, and then reaching it, knowing that you pushed yourself well beyond your comfort zone to get there. Some people are at home watching tv or staring at their computers. I can't think of a better way to spend an evening a week during the summer than physically and mentally challenging myself. Judging by the lists on our website it appears that others would agree. 🚴

Missing 1995 Results

If you have printed results from 1995 distributed at the banquet that year please contact [me](#). We're missing page 2. Thanks to Eugene Spiegel for supplying the missing results from 1997. 🚴

UCI Masters Cyclocross World Championships

Ride 'em if you dare!

The recently completed World Championships in Louisville presented two of the more extreme aspects of cyclocross racing. The first few qualifier days, where riders race to determine their starting position for the finals, were fairly warm and extremely muddy. The finals were run in nearly opposite conditions with sub freezing temperatures and much less mud.

The temperature drop resulted in most of the course consisting of frozen tire ruts, which resembled corrugated concrete, covered with a layer of grease. Any mud that got onto the bikes was there for the duration of the race as it flash froze to any metallic surface it landed on. Most bikes wound up looking like aero time trial bikes with a full faring of mud built up behind the seat tube and wheels that had freakishly wide mud spokes.

Two Team QCW riders endured the extreme conditions at Louisville and can now say they have "World Championship" racing experience. **Tim Collins** competed in the 30-34 category and finished 25th, while First year CX rider **Jeff Schlaudecker** took on the 35-39 group and finished 38th. Congratulations to both riders for enduring some truly "epic" cyclocross conditions! 🚴

Volunteers

A club with 47 days of racing events, plus approximately 75 days of coaching and training riders requires a very large number of volunteer hours. Thanks to everyone who helped out in 2011! To those who didn't do any volunteering in 2011, please consider stepping up in 2012.

Lionhearts Cyclocross Warm-up Race

Unable to wait for the Ohio Valley Cyclocross Series to start, and having nothing to do once the Kings CXTT was over, **Corey Green** brought another event to the QCW arsenal when he and the Lionhearts promoted the first cyclocross race of the season which took place at Kingswood in Mason. The event was held on a beautiful day, which some CX racers consider a bad thing, and attracted about 200 riders and was an excellent fund raiser for the Lionhearts team. 🚴

Ault Park Results

The Ault Park Points Race Series had another excellent year. In an effort to help balance out the size of the 20k field we allowed category 4 Masters to race the 40k. This worked very well with the 40k seeing larger fields than the 20k for the first time in awhile. Also new for this year was the addition of a prize for the highest placing non-category 1 or 2 rider in the 40k.

A special "thanks" to **Steve Fine** for setting up and tearing down the course each night, and to **Team Revolution Fitness** for providing free Powerade Zero drinks on a weekly basis. Additional thanks to [Montgomery Cyclery](#) for donating \$50 in weekly primes and supplying mechanic Chris Cortez who provided neutral support. 🚴

40k Series

- 1 Eric Knight
- 2 Chris Durand
- 3 OBrien Forbes
- 4 Matt Bole
- 5 Jason Karew

- 1 Patrick Minner (non cat.1-2)

20k Series

- 1 Chad Clemons
- 2 Edward Wimmer
- 3 Zak Lewis
- 4 Grant Inglis
- 5 Braden Matt

40k Plus One!

- 1 Patrick Minner
- 2 Chad Clemons
- 3 Jack McCann
- 4 Edward Wimmer

20k Plus One!

- 1 Seth McDonald
- 2 Brad Morgan
- 3 Robert Chaney
- 4 Chris Carissimi

Java Johnny's/Lionhearts UCI Cyclocross Race

The second event in the Cincy3 UCI CX Festival Weekend was once again an incredibly well attended event. The footprint of the pro-team's support vehicles at little Sunset Park in Middletown rivaled anything you would see during the Hyde Park Blast or Maderia Centennial Criterium weekend. The Cannondale team alone was supported by an entire full sized tractor-trailer rig!

The racing was equally impressive with over 50 riders in the men's and women's Elite UCI fields and another 350 or so riders in the other events.

Unfortunately this was the last year for this event as the title sponsor has pulled out and promoter Doug Dobrozsi has decided to focus efforts more on his first love, Junior racing. Thanks Doug for putting on a first class event year after year. I'm sure you will be remembered as one founding fathers of the rise of cyclocross racing in the new millennium. 🚴

QCW/Lionhearts Supporters

QCW is fortunate to have three year commitments from some very generous sponsors and you can find their names on our jerseys. In addition to our primary sponsors we have a large number of "patrons" who make donations in the form of cash or services of some type which go towards our many activities especially the Lionhearts team.

Tax deductible cash donations are easily made on the [BikeReg](#) membership page or by sending a check directly to QCW, 1884 Robinway Dr, 45230. If you would like to donate your service please feel free to contact one of our promoters, officers, or directors. Thanks to all our QCW/Lionhearts patrons. 🚲

2011 QCW & Lionhearts Patrons

Zephyr Wheel Sports
7 Hills Racing, Inc.
A to Z Home Maintenance – Jonathan Spicker
Lauren Hudson
Dell Williamson
Peter Wimberg
Progressive Plumbing – Gary Ruhl
Dr. Chris Bolling
Heagen Lawn
Eads Fencing
John Murdock
Hal Stewart
John Beyer
Coldwell Banker – Angie Sexton
Jeff Paas
Scott Nichols
John Vance
Kings CX Weekend
Stella Artois
CityDash
Buckingham Financial John Bryan Classic CX
Bob's Red Mill
BikeFix
Al Neyer Inc.
Dino's Neighborhood Grill
Mary's Hot Dog Stand
Champion Systems
2 Johns Podcast – John Gatch
Devyn Coar
Bridget Donovan
Monica Dechering

Board of Directors

After elections of officers at the annual meeting the new officers will go about assembling a new QCW board of directors. Board positions are for one year and are open to all interested QCW members. Board of director applications are available at [qcw.org](#). 🚲

40k TT New Location

The four week Spring 40k TT Series has always struggled a bit with its Kentucky location. The locals never seemed very welcoming and some complained about the road conditions. To alleviate these issues we are moving the event to the Cleves TT course. We will install two turnarounds to create a full 40k event.

Thanks to Patrick McMullen and Alan Zaffiro for their help with this event. You can view results [here](#). 🚲

Cyclocross Bike Raffle Bike

When funds got a bit tight for the title sponsor came up a bit short for the Java Johnny's/Lionhearts CX race QCW's biggest supporter, [Montgomery Cyclery](#), stepped up and donated a 2011 Giant TCX-1 cyclocross bike. The bike has been signed by 7-time National Champion Katie Compton. We hope to auction it off or sell the bike outright soon. If you're interested please contact [Doug Dobrozsi](#). 🚲



Multiple National Champion Katie Compton with the CX bike donated by Montgomery Cyclery which she autographed.

—photo courtesy of: Ted Christian

Queen City Wheels Officers & Directors

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